

TUSCALOOSA TRACK CLUB

2020 Membership Benefits

- 10%** discount at **Wagner's Run Walk** on regular priced merchandise and shoes
- Free** Annual Training Plan review with **Brian Darr**, Certified Coach - (205) 233-8733 (brian@briandarr.com)
- 20%** Discount for Members in addition to the Buy 1 Get 1 Free on all fireworks **Dizzy Dean Fireworks**
- 25%** off Functional Dry Needling session at **TherapySouth**
- Free** New patient exam, plus **20%** off supplements at **Freeman Chiropractic** (205) 409-6333
- Free** Injury evaluation, either with chiropractor or physical therapist. Also, **25% off** Dry Needling Session from **Spine & Sport Chiropractic** (205) 345-8102
- \$20** off an "EW BODY" session (consists of soft tissue work, myofascial release, and stretching at **EW Motion Therapy** (205) 462-3097
- Free** **YMCA** will waive joiner's fee (205) 345-9622
- 15%** off IV Therapy Membership at **hydraLIVe Therapy**
- 50%** off for Track Club Officers
Membership details at <https://www.hydralivetherapy.com/memberships>
- 15%** off Stand alone IV therapy treatments
Treatment details at <https://www.hydralivetherapy.com/iv-therapy>

You must show your current Tuscaloosa Track Club Membership Card to receive the benefits listed above

- Free** End of the Year Grand Prix Awards Banquet
- Free** Summer Social Event