

# TUSCALOOSA TRACK CLUB

## Membership Benefits

- 10%** discount at **Wagner's Run Walk** on regular priced merchandise and shoes
- Free** Annual Training Plan review with **Brian Darr**, Certified Coach - (205) 233-8733  
([brian@briandarr.com](mailto:brian@briandarr.com))
- 25%** off Functional Dry Needling session at **TherapySouth**
- Free** New patient exam, plus **20%** off supplements at **Freeman Chiropractic** (205) 409-6333
- Free** laser treatment on first with exam, and free hydrotherapy table or normatech compression from **Spine & Sport Chiropractic** (205) 345-8102
- \$20** off an "EW BODY" session (consists of soft tissue work, myofascial release, and stretching at **EW Motion Therapy** (205) 462-3097
- Free** **YMCA** will **waive** joiner's fee (205) 345-9622
- 15%** off IV Therapy Membership at **hydralIVe Therapy**
- 50%** off for Track Club Officers  
Membership details at <https://www.hydralivetherapy.com/memberships>
- 15%** off Stand alone IV therapy treatments  
Treatment details at <https://www.hydralivetherapy.com/iv-therapy>

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*You must show your current Tuscaloosa Track Club Membership Card to receive the benefits listed above*

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**Free** End of the Year Grand Prix Awards Banquet