



# Rudolph Run 8k

## December 8<sup>th</sup>, 2018



**Registration begins at 6:30AM**

**8K Race Start Time: 8 AM**

**Santa's Express Fun Run: 9 AM**

**Child Watch will begin at 7:30am & consist of fun activities for kids of all ages while parents are on the course.**

The mission of the YMCA is to put Christian principles into practice through programs that build a healthy spirit, mind, and body for all. We want to invite you to join in on the action this spring for our Rudolph Run 8K. Through our Youth First Campaign, the Y raises funds to provide families in the Tuscaloosa community to afford athletics, summer camps, after school programs, and a healthier lifestyle through Y memberships. This campaign ensures that no one is turned away and all are provided the opportunity to participate in these life-changing programs.

**AWARDS:**

Awards for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Overall Male & Female

Masters: (40+) Male & Female

Grand Masters: (50+) Male & Female

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> placings for Male & Female in the following age categories:

Under 9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

**All participants are eligible for door prize drawings (must be present to win).**

**REGISTRATION**



**Before November 17th: 8K \$25 for YMCA Members & \$35 for the public**

**After November 17th: \$35 for YMCA Members & \$45 for the public**



REGISTER ONLINE AT: <http://www.ymcatuscaloosa.org>

OR MAIL PAYMENT TO: Tuscaloosa YMCA 2300 13<sup>th</sup> Street Tuscaloosa, AL 35401

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Child(ren) attending: Y/N

Sex: F/M Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

T-Shirt Size: S M L XL XXL

*I, individually (or as a parent or guardian of a minor child under the age of 18 participating) state that I (or my minor child) is in proper physical condition to participate in YMCA Rudolph Run 8k and request to participate in the YMCA Rudolph Run 8k, December 8, 2018. In consideration of the City of Tuscaloosa, EVENT GROUP(s), and any sponsors ("Event Promoters") permitting the undersigned or his/her minor child to engage in the aforesaid activity, the undersigned does, for himself/herself, his/her heirs, assigns, executors and administrators, remise, release and forever discharge the City of Tuscaloosa, a Municipal Corporation, EVENT ORGANIZER(s), their officers, agents, and/or employees, event sponsors, and event volunteers of and from all manner of actions, suits, and sums of money, dues, claims, or demands, whatsoever, which may arise out of or in any manner grow out of, property damage, injuries, or death sustained by the undersigned or his/her minor child, including injuries known or unknown, by reason of being permitted to participate in the aforesaid activity in the City of Tuscaloosa*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_