

# Tuscaloosa Track Club Grand Prix of West Alabama Race

## The TNT 10K

### Sokol Park

**Saturday, September 23, 2006**

**10K (6.2 miles) – 8:00 am** (certified course – #AL04016JD)

All proceeds will benefit the Leukemia & Lymphoma Society's **Team in Training**

#### Thanks to our sponsors:

- Athlete's Foot • Family Chiropractic • Velo City Pro Cycles •
- Robert Morgan, Attorney at Law • Hudson-Poole Jewelers • Bryant Bank •
- Mayor Walt Maddox • Nancy J. Rubin • Northwood Baptist Church •
- The Prince • Glover Law Group • Richard & Yvonne Pagani •

#### Special thanks to:

- Campus Collection • Fire Horse Studio • Barbara Kilgore Pottery • Smoothie King •
- Guthrie's • Publix • Home Town Grocery • Premier Spring Water •

#### AWARDS

Top 3 overall male and female; Masters (over 40) first place male and female only; Top 3 in age groups (male & female): 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over. There will be no duplication of awards.

#### CONTACT

**Race Director:** Cathy Pagani (205) 752-6602; cpagani@bama.ua.edu

#### REGISTRATION

postmarked by September 15, 2006: **\$15**; postmarked after September 15, 2006:  
**\$18**

first 100 entrants will receive a great T-shirt

**Make cheques payable to: Tuscaloosa Track Club**

**Mail to: Cathy Pagani • TNT 10K • 404 19th Avenue • Tuscaloosa, AL 35401**

Name: \_\_\_\_\_

Sex: M F

Street Address: \_\_\_\_\_

T-shirt size: S M L XL

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Age on race day: \_\_\_\_\_ Birthday(M/D/Y) \_\_\_\_\_

Are you a current or past Leukemia & Lymphoma Society team member?

\_\_\_\_\_ Year/event: \_\_\_\_\_

Is this your first race? \_\_\_\_\_ Is this your first 10K? \_\_\_\_\_

I, individually (and/or as parent, and/or guardian of the named minor), for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and forever discharge the sponsor, and any and all other supporting groups of this said racing event, together with all of their officers, agents, officials and employees from and all liability, claims, demands, actions or cause of action whatsoever arising out of, or related to, any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state that I am in proper physical condition to participate in this event.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

(Parent or Guardian for entrants under 19)